



Sermon Notes

Season of Healing
September 10, 2023

1 John 4:18

¹⁸ *There is no fear in love.*

Love and fear cannot coexist.

Love and fear are the two primary emotions in humans.

If we're in fear, we are not in a place of love. If we're in a place of love, we cannot be in a place of fear.

Fear and love are in competition with each other.

They both demand we believe in something.

It takes faith to believe in love – it takes faith to believe in fear.

1 John 4:16-18 NLT

¹⁶ *We know how much God loves us, and we have put our trust in his love.*

God is love, and all who live in love live in God, and God lives in them. ¹⁷ And as we live in God, our love grows more perfect. So we will not be afraid on the day of judgment, but we can face him with confidence because we live like Jesus here in this world.

¹⁸ *Such love has no fear, because perfect love expels all fear. If we are afraid, it is for fear of punishment, and this shows that we have not fully experienced his perfect love.*

When we know God's love, we understand that when God sees us, He sees His Son.

Fear is disruptive – love is peaceful.

Do I feel at peace, or am I in turmoil?

Zephaniah 3:17

¹⁷ *The LORD your God is with you,
he is mighty to save.*

*He will take great delight in you,
He will quiet you with His love,
he will rejoice over you with singing.*



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2 Timothy 1:7

⁷ For God has not given us a spirit of fear, but of power and of love and of a sound mind.

Fear makes us avoiders.

Fear causes us to miss out on life.

Am I avoiding something because of fear?

Fear will cause us compromise.

Compromise is subtle.

Few things will harden our hearts like compromise.

Compromise becomes insidious.

“Compromise is simply changing the question to fit the answer.”

Merrit Malloy

Fear makes us cower – love makes us bold!

Power to push through the fear.

Romans 8:14-15

¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, “Abba, Father.”

Love gives us the power to cry out to God in fear, rather than giving in to it.

Power to take authority.



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