



Sermon Notes

Season of Healing
August 27, 2023

With God, it's always been about our hearts.

We were made by love, in love, for love.

God didn't create us to earn His love, He created us to enjoy His love.

Enjoying God's love means letting it guide our hearts in all we do.

Enjoying God's love means choosing to believe God's disposition is love.

Disposition: an inherent quality of character; tendency to act in a certain way.

How could your life change be if you chose to believe that God's very character was love, and therefore, He only acted in love?

Psalm 25:4-7

⁴ Show me your ways, LORD,
teach me your paths.

⁵ Guide me in your truth and teach me,
for you are God my Savior,
and my hope is in you all day long.

⁶ Remember, LORD, your great mercy and love,
for they are from of old.

⁷ Do not remember the sins of my youth
and my rebellious ways;
according to your love remember me,
for you, LORD, are good.

Ephesians 3:17-19

¹⁷... And I pray that you, being rooted and established in love, ¹⁸ may have power, together with all the Lord's holy people, to grasp how wide and long and high and deep is the love of Christ, ¹⁹ and to know this love that surpasses knowledge—that you may be filled to the measure of all the fullness of God.

Fear is the opposite of love.



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Love and fear are the two primary emotions in humans.

Love and fear cannot coexist.

“If we’re in fear, we are not in a place of love. When we’re in a place of love, we cannot be in a place of fear. Can you think of a time when you’ve been in both love and fear? It’s impossible.”

Elisabeth Kübler-Ross

1 John 4:18

¹⁸ *There is no fear in love.*

Fear and love are diametrically opposed to each other.

Fear compels us to react.

Love compels us to run into God’s arms.

Fear is reactive – Love is proactive.

Love moves you toward something good.

Fear moves you away from something you see as bad.

Fear dominates – love releases.

Psalms 27:1-6

¹ *The LORD is my light and my salvation—
whom shall I fear?*

*The LORD is the stronghold of my life—
of whom shall I be afraid?*

² *When the wicked advance against me
to devour me,*

*it is my enemies and my foes
who will stumble and fall.*



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³ *Though an army besiege me,
my heart will not fear;
though war break out against me,
even then I will be confident.*

⁴ *One thing I ask from the LORD,
this only do I seek:
that I may dwell in the house of the LORD
all the days of my life,
to gaze on the beauty of the LORD
and to seek him in his temple.*

⁵ *For in the day of trouble
he will keep me safe in his dwelling;
he will hide me in the shelter of his sacred tent
and set me high upon a rock.*

⁶ *Then my head will be exalted
above the enemies who surround me;
at his sacred tent I will sacrifice with shouts of joy;
I will sing and make music to the Lord.*

With both love and fear, you are giving power to something.

When you choose to believe in God's love, you receive the power of the Holy Spirit.

When you give in to fear, you are subject to the power of fear.

