



## Sermon Notes

Season of Healing

July 16, 2023

### **Mark 10:46-52**

<sup>46</sup> Then they came to Jericho. As Jesus and his disciples, together with a large crowd, were leaving the city, a blind man, Bartimaeus (which means “son of Timaeus”), was sitting by the roadside begging. <sup>47</sup> When he heard that it was Jesus of Nazareth, he began to shout, “Jesus, Son of David, have mercy on me!”

<sup>48</sup> Many rebuked him and told him to be quiet, but he shouted all the more, “Son of David, have mercy on me!”

<sup>49</sup> Jesus stopped and said, “Call him.”

So they called to the blind man, “Cheer up! On your feet! He’s calling you.” <sup>50</sup> Throwing his cloak aside, he jumped to his feet and came to Jesus.

<sup>51</sup> “What do you want me to do for you?” Jesus asked him.

The blind man said, “Rabbi, I want to see.”

<sup>52</sup> “Go,” said Jesus, “your faith has healed you.” Immediately he received his sight and followed Jesus along the road.

***Jesus heard the blind man’s call.***

***Bartimaeus’ show of faith that got Jesus’ attention.***

***Our struggles and hurts often have a voice that is louder than the voice of our Healer.***

***Our hurts and rejection from some people often prevent us from embracing love and support from others.***

***God wants us to run to Him – not from Him!***

*“God calls us to run away to Him, not from Him. He asks us to not fix our gaze on other people’s lives and compare them to our own but to look to Him for the source of our worthy life. He asks us to find our rest in Him. He is our resting place. When I am exhausted, the temptation is to turn from God, thinking that He requires more from me than I have to give. I may believe I need to muster some passion from a dry well and focus on improving my performance. I may think I need to pull myself up by my bootstraps when I’m too tired to put my shoes on. I am wrong.”*

John Eldredge



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### Isaiah 57:10

*<sup>10</sup> You wearied yourself by such going about,  
but you would not say, 'It is hopeless.'  
You found renewal of your strength,  
and so you did not faint.*

***The enemy has the most access to our hearts at the place of our wound.***

### Psalms 147:2-3

*<sup>2</sup> The LORD builds up Jerusalem;  
he gathers the exiles of Israel.  
<sup>3</sup> He heals the brokenhearted  
and binds up their wounds.*

***God gathers the dejected and the outcasts, and brings them home.***

***God heals the broken and wounded places in our hearts, and closes the door so the enemy can't access it anymore.***

***God wants us to rest in Him, not run from Him.***

### Exodus 33:14

*<sup>14</sup> The LORD replied, "My Presence will go with you, and I will give you rest."*

### Matthew 11:28-29

*<sup>28</sup> "Come to me, all you who are weary and burdened, and I will give you rest. <sup>29</sup> Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls.*

***Ask God, knowing He is a good, good Father!***

### Psalms 23:1-2

*<sup>1</sup> The LORD is my shepherd, I lack nothing.  
<sup>2</sup> He makes me lie down in green pastures,  
he leads me beside quiet waters*



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### **Psalm 62:1**

*<sup>1</sup> Truly my soul finds rest in God;  
my salvation comes from him.*

### **Psalm 91:1-2; 14-16**

*<sup>1</sup> Whoever dwells in the shelter of the Most High  
will rest in the shadow of the Almighty.*

*<sup>2</sup> I will say of the LORD, "He is my refuge and my fortress,  
my God, in whom I trust."*

*<sup>14</sup> "Because he loves me," says the LORD, "I will rescue him;  
I will protect him, for he acknowledges my name.*

*<sup>15</sup> He will call on me, and I will answer him;  
I will be with him in trouble,  
I will deliver him and honor him.*

*<sup>16</sup> With long life I will satisfy him  
and show him my salvation."*

***Calling out to Jesus changed Bartimaeus' identity.***

### **HEALING MANIFESTO**

**Lord, I commit to the following:**

***I will be real with You. That means admitting I'm not OK at times.***

***I will resist the urge to self-manage.***

***I will cooperate with Your work through obedience.***

***I will stop speaking negativity.***

***I will submit to Your process of removing the indelible stain of my sin and brokenness.***







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