



## **Bible Study Notes**

**Book of Romans Part 40**  
**December 21, 2022**

### **Romans 14:5-9**

*<sup>5</sup> One person considers one day more sacred than another; another considers every day alike. Each of them should be fully convinced in their own mind. <sup>6</sup> Whoever regards one day as special does so to the Lord. Whoever eats meat does so to the Lord, for they give thanks to God; and whoever abstains does so to the Lord and gives thanks to God. <sup>7</sup> For none of us lives for ourselves alone, and none of us dies for ourselves alone. <sup>8</sup> If we live, we live for the Lord; and if we die, we die for the Lord. So, whether we live or die, we belong to the Lord. <sup>9</sup> For this very reason, Christ died and returned to life so that he might be the Lord of both the dead and the living.*

***Matters that are not essential to salvation.***

***On disputable matters, everyone should feel free to follow their own personal convictions.***

***When we are following convictions of conscience, these convictions must align with the Word of God.***

***Give God glory for your convictions and then give Him thanks.***

### **Psalm 69:30**

*<sup>30</sup> I will praise God's name in song  
and glorify him with thanksgiving.*

***Gratitude keeps our mind and our motives straight.***

***"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It can turn a meal into a feast, a house into a home, a stranger into a friend. It turns denial into acceptance, chaos to order, confusion to clarity. It turns problems into gifts, failures into success, the unexpected into perfect timing, and mistakes into important events. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow."***

***- Melody Beattie***

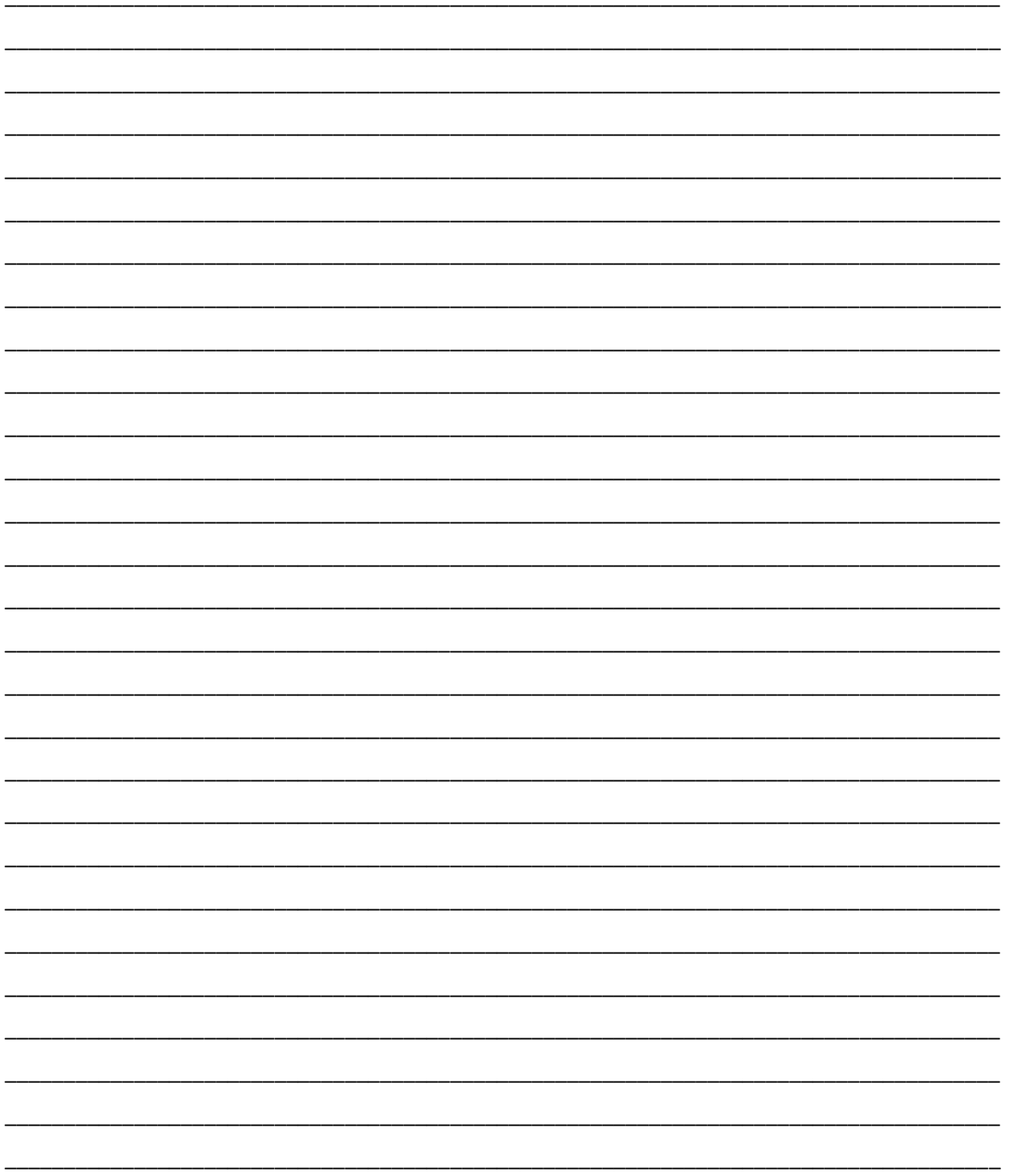
***"It is only with gratitude that life becomes rich!" –Dietrich Bonhoeffer***

### **1 Thessalonians 5:18**

*<sup>18</sup> give thanks in all circumstances; for this is God's will for you in Christ Jesus.*

***Gratitude is alive!***





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