



Sermon Notes

Season of Healing
June 26, 2022

It's OK to admit I'm not OK.

It's OK to ask God for complete healing!

It's OK to keep asking until the healing happens!

Healing begins when we shatter the barriers put in place by our brokenness.

God wants to take us to a new level, but our brokenness holds us back.

We need to stop excusing our brokenness. It's time to cut its head off. Without a head, it has no voice!

Isaiah 1:18

¹⁸ *"Come now, let us settle the matter,"
says the LORD.*

*"Though your sins are like scarlet,
they shall be as white as snow;
though they are red as crimson,
they shall be like wool.*

God not only wants to remove the sin and brokenness in our lives, but He wants to remove the indelible stain they left!

Indelible: not able to be forgotten or removed.

We have an enemy who gets in the way of our healing.

If you're not feeling opposition, perhaps you're not a threat to the enemy.

When the flesh is in control, we live by it - and it shows on the outside.

Does your life show on the outside that you have changed on the inside?

Galatians 5:22-23

²² *But the fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, ²³ gentleness and self-control. Against such things there is no law.*

The Fruit of the Spirit: Evidence of God's grace at work – healing and changing us.

Living on the outside what has changed on the inside



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Galatians 5:16-17

¹⁶ So I say, walk by the Spirit, and you will not gratify the desires of the flesh. ¹⁷ For the flesh desires what is contrary to the Spirit, and the Spirit what is contrary to the flesh. They are in conflict with each other, so that you are not to do whatever you want.

Our flesh is in conflict with the Spirit. It will never steer us toward truth.

The enemy is often within!

Sometimes the greatest bully we will ever face is the one in the mirror!

We normalize our brokenness by assuming and agreeing that it is just part of who we are.

We often allow our pain cut us off from God's healing.

Sarx, translated as flesh; sarkikos which means carnal; and sarkinos, fleshy.

We will act in accordance with how we see ourselves.

Our human ability to know, judge, or perceive good and evil.

The sarx is the earthly nature of man apart from divine influence, and therefore prone to sin and opposed to God. It is a product of the fallen state of mankind, and it is tainted by our own hurts and brokenness.

1 John 3:20-22 (The Passion Translation)

²⁰ Whenever our hearts make us feel guilty and remind us of our failures, we know that God is much greater and more merciful than our conscience, and he knows everything there is to know about us.

²¹ My delightfully loved friends, when our hearts don't condemn us, we have a bold freedom to speak face-to-face with God. ²² And whatever we ask of him we receive, because we keep his commands. And by our beautiful intentions we continue to do what brings pleasure to him.

The flesh (sarx) will always steer us wrong.

The sarx will often accuse.

1 John 3:20

²⁰ Whenever our hearts make us feel guilty and remind us of our failures, we know that God is much greater and more merciful than our conscience, and he knows everything there is to know about us.



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The sarx is often confused for the voice of God.

Make sure our hearts are turned toward God.

James 4:7

⁷ Submit yourselves, then, to God. Resist the devil, and he will flee from you.

Psalm 119:11

*¹¹ I have hidden your word in my heart
that I might not sin against you.*

Test the message.

Identify the motive.

Every time we speak the truth instead of the lie, we overcome.

HEALING MANIFESTO

Lord, I commit to the following:

I will be real with You. That means admitting I'm not OK at times.

I will resist the urge to self-manage.

I will cooperate with Your work through obedience.

I will stop speaking negativity.

I will submit to Your process of removing the indelible stain of my sin and brokenness.

Notes
