



Sermon Notes

Season of Healing
March 5, 2023

Stronghold: A place where a particular cause or belief is strongly defended or upheld. A place that has been fortified to protect against attack.

2 Corinthians 10:3-5

³ For though we live in the world, we do not wage war as the world does. ⁴ The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. ⁵ We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

We have been given weapons with divine nature.

We don't fight with our own reasoning and power.

The Aramaic word for strongholds can be translated as *Rebellious castles* - centers of opposition to the light of God's truth.

A stronghold is a mindset that embodies hopelessness.

Shame becomes embodied within us; resident in us.

When our feelings begin to match our thoughts, a stronghold is built.

"Negative words have a way of permeating our system and making themselves comfortable in our subconscious. Once they find a place in our subconscious, they become a stronghold."

D.S. Mashego

What if we made Jesus the stronghold of our entire being?

When Jesus owns every part of us, we can't be owned by brokenness!

One translation of stronghold: *Citadels of arguments* - including fantasies.



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1 John 3:19-20 (The Message)

This is the only way we'll know we're living truly, living in God's reality. It's also the way to shut down debilitating self-criticism, even when there is something to it. For God is greater than our worried hearts and knows more about us than we do ourselves.

***We are changed through consistent and continuous obedience.
Long obedience in the same direction.***

Come out of hiding.

We hide in our place of stronghold.

The spiritual weapons God gives us have divine power to dismantle the defenses behind which we hide.

"Where does your security lie? Is God your refuge, your hiding place, your stronghold, your shepherd, your counselor, your friend, your redeemer, your savior, your guide? If He is, you don't need to search any further for security."

Elisabeth Elliot

Psalm 27:1

¹ *The LORD is my light and my salvation—
whom shall I fear?*

*The LORD is the stronghold of my life—
of whom shall I be afraid?*

Message Version:

*So, with him on my side I'm fearless,
afraid of no one and nothing.*

