



Sermon Notes

Season of Healing
February 12, 2023

There is nothing as effective in healing as forgiveness.

Psalm 103:1-12

- ¹ Praise the LORD, my soul;
all my inmost being, praise his holy name.
- ² Praise the LORD, my soul,
and forget not all his benefits—
- ³ who forgives all your sins
and heals all your diseases,
- ⁴ who redeems your life from the pit
and crowns you with love and compassion,
- ⁵ who satisfies your desires with good things
so that your youth is renewed like the eagle's.
- ⁶ The LORD works righteousness
and justice for all the oppressed.
- ⁷ He made known his ways to Moses,
his deeds to the people of Israel:
- ⁸ The LORD is compassionate and gracious,
slow to anger, abounding in love.
- ⁹ He will not always accuse,
nor will he harbor his anger forever;
- ¹⁰ he does not treat us as our sins deserve
or repay us according to our iniquities.
- ¹¹ For as high as the heavens are above the earth,
so great is his love for those who fear him;
- ¹² as far as the east is from the west,
so far has he removed our transgressions from us.

The Lord satisfies our desires with His good things.

The Lord fights for our cause.

The Lord is patient and slow to anger.

God chooses to not stay mad at us, and He doesn't treat us as our sins deserve!



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God doesn't repay us according to our iniquities.

There is nothing that compares to God's love.

Once we confess our sin, God's face and our sin never meet!

Forgiveness releases the other person.

1 John 1:9

⁹ If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.

Deuteronomy 31:8

⁸ The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged.

Isaiah 54:10 (The Message)

*For even if the mountains walk away
and the hills fall to pieces,
My love won't walk away from you,
my covenant commitment of peace won't fall apart."
The GOD who has compassion on you says so.*

God's justice was satisfied in Jesus' sacrifice.

Romans 3:23-24

²³ for all have sinned and fall short of the glory of God, ²⁴ and all are justified freely by his grace through the redemption that came by Christ Jesus.

Romans 5:1

¹ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ



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There are a few things more healing than peace with God!

God showed His amazing love when He satisfied His own demand for justice by sending His Son to die for our sin.

Forgiveness heals by bringing much needed relief.

Psalm 32:1

¹ *Blessed is the one
whose transgressions are forgiven,
whose sins are covered.*

Forgiveness heals by bringing relief from our guilt. Hallelujah!

John 8:36

³⁶ *So if the Son sets you free, you will be free indeed.*

It is time for the church of the Living God to be healed of our guilt and walk in freedom!

HEALING MANIFESTO

Lord, I commit to the following:

I will be real with You. That means admitting I'm not OK at times.

I will resist the urge to self-manage.

I will cooperate with Your work through obedience.

I will stop speaking negativity.

I will submit to Your process of removing the indelible stain of my sin and brokenness.



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