



## Sermon Notes

Season of Healing  
November 13, 2022

*Shame easily enters through disconnection.*

*God made us for connection.*

*Isolation is the opposite of connection.*

*Shame is a lousy motivator.*

*Shame drives us inward - Love draws us outward.*

*There is healing when we rise out of shame.*

*Isolation is self-sabotage.*

*The payoff of isolation is loneliness.*

*Isolation is never the answer.*

*Our brokenness has caused losses:*

*Loss of innocence, loss of optimism, loss of self.*

*You are hurt in relationships – you heal in relationships.*

### **John 15:1-5**

<sup>1</sup> “I am the true vine, and my Father is the gardener. <sup>2</sup> He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes<sup>a</sup> so that it will be even more fruitful.

<sup>3</sup> You are already clean because of the word I have spoken to you. <sup>4</sup> Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me.

<sup>5</sup> “I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.

Footnotes:

- a. [John 15:2](#) The Greek for *he prunes* also means *he cleans*.



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*Jesus is the True Vine.*

*We must reconnect to the True Vine to begin healing from disconnection.*

*There are dead branches in me that need to be cut off.*

*Some day our “some days” will run out.*

*I am completely dependent on God.*

### Phil 4:13

<sup>13</sup> *I can do all things through Christ who strengthens me.*

### Message Version:

*Whatever I have, wherever I am, I can make it through anything in the One who makes me who I am.*

*“You may forget that you are at every moment totally dependent on God”*

CS Lewis

*We will never be completely free until we are completely dependent on God.*

### Responsive Reading:

- *Jesus, I confess that there have been “other” vines that I have remained attached to.*
- *I renounce these attachments right now in Your name.*
- *I declare this day that You are the True Vine, the only vine I need to be attached to.*





