



Sermon Notes

Season of Healing
October 9, 2022

Mark 2:1-12

¹ A few days later, when Jesus again entered Capernaum, the people heard that he had come home. ² They gathered in such large numbers that there was no room left, not even outside the door, and he preached the word to them. ³ Some men came, bringing to him a paralyzed man, carried by four of them. ⁴ Since they could not get him to Jesus because of the crowd, they made an opening in the roof above Jesus by digging through it and then lowered the mat the man was lying on. ⁵ When Jesus saw their faith, he said to the paralyzed man, "Son, your sins are forgiven."

⁶ Now some teachers of the law were sitting there, thinking to themselves, ⁷ "Why does this fellow talk like that? He's blaspheming! Who can forgive sins but God alone?"

⁸ Immediately Jesus knew in his spirit that this was what they were thinking in their hearts, and he said to them, "Why are you thinking these things?" ⁹ Which is easier: to say to this paralyzed man, 'Your sins are forgiven,' or to say, 'Get up, take your mat and walk'? ¹⁰ But I want you to know that the Son of Man has authority on earth to forgive sins." So he said to the man, ¹¹ "I tell you, get up, take your mat and go home." ¹² He got up, took his mat and walked out in full view of them all. This amazed everyone and they praised God, saying, "We have never seen anything like this!"

God's healing is multi-faceted.

God knows exactly how to heal us.

Jeremiah 17:14

¹⁴ Heal me, LORD, and I will be healed;
save me and I will be saved,
for you are the one I praise.

"Lord, when you heal me, it will be good and exactly what I need."

Jesus was impressed by their bold belief.

The men counted on Jesus healing their friend.

They planned for their friend to walk out of the room.

We lie to God in prayer if we don't trust Him after the prayer.



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James 1:6-8

⁶ But when you ask, you must believe and not doubt, because the one who doubts is like a wave of the sea, blown and tossed by the wind. ⁷ That person should not expect to receive anything from the Lord. ⁸ Such a person is double-minded and unstable in all they do.

Jesus sees our real need.

We have needs, but God knows our real need.

God is omniscient.

“God never does anything accidentally, and He never makes mistakes”

Rick Warren

The omniscience of God is the principle that God is all-knowing; that He encompasses all knowledge of the universe past, present, and future. In the beginning, God created the world and everything in it, including knowledge.

God is knowledge.

God, my Heavenly Father, is fully aware of me.

Matthew 10:29-30

²⁹ Are not two sparrows sold for a penny? Yet not one of them will fall to the ground outside your Father’s care. ³⁰ And even the very hairs of your head are all numbered. ³¹ So don’t be afraid; you are worth more than many sparrows.

Jesus got right to the heart of the matter, and forgave his sins, his greatest need of all.

Mark 8:36

³⁶ What good is it for someone to gain the whole world, yet forfeit their soul?

Jesus still had compassion for the man’s “felt need”.

God is concerned about both my felt need and my real need.



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God is moved by our suffering.

Exodus 3:7

⁷ The LORD said, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering."

God knows the miracle He has for us – yet He still feels compassion for us now in our struggle.

Compassion: to suffer together.

God hurts when we hurt.

Jesus not only knows what we need more than we do, but He knows what we want more than we do.

Matthew 11:28-29

²⁸ "Come to me, all you who are weary and burdened, and I will give you rest. ²⁹ Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls."

Matthew 11:28-30 The Message

²⁸⁻³⁰ "Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you'll recover your life. I'll show you how to take a real rest. Walk with me and work with me—watch how I do it. Learn the unforced rhythms of grace. I won't lay anything heavy or ill-fitting on you. Keep company with me and you'll learn to live freely and lightly."

HEALING MANIFESTO

Lord, I commit to the following:

I will be real with You. That means admitting I'm not OK at times.

I will resist the urge to self-manage.

I will cooperate with Your work through obedience.

I will stop speaking negativity.

I will submit to Your process of removing the indelible stain of my sin and brokenness.



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