



Sermon Notes

Season of Healing
October 2, 2022

Condition: to have a significant influence on something; to determine the outcome of something.

God wants to change our conditioning.

Isaiah 53:4-6

⁴ Surely he took up our pain
and bore our suffering,
yet we considered him punished by God,
stricken by him, and afflicted.
⁵ But he was pierced for our transgressions,
he was crushed for our iniquities;
the punishment that brought us peace was on him,
and by his wounds we are healed.
⁶ We all, like sheep, have gone astray,
each of us has turned to our own way;
and the LORD has laid on him
the iniquity of us all.

God wants to change my condition, and my conditioning!
“The miserable have no other medicine – but only hope”

“To live without hope is to cease to live”

Jesus took our pain, so we don’t have to be conditioned by it.

He bore our suffering so we don’t have to be miserable anymore!

Jesus was pierced to change my condition.

My sin and transgression separated me from God. Jesus changed that condition!



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Colossians 1:21-22

²¹ Once you were alienated from God and were enemies in your minds because of your evil behavior. ²² But now he has reconciled you by Christ's physical body through death to present you holy in his sight, without blemish and free from accusation. He was crushed for our iniquities so we wouldn't have to be!

Romans 8:2

² because through Christ Jesus the law of the Spirit who gives life has set you free from the law of sin and death.

God knows our tendency to wander off. But instead of punishing us for wandering, He punished His Son once and for all. He did this so we would no longer be obligated to the wandering.

Jesus was punished so we could have peace.

Peace with God.

Romans 5:1

¹ Therefore, since we have been justified through faith, we have peace with God through our Lord Jesus Christ

There are a few things more healing than peace with God!

Peace with others.

Romans 12:17-18

¹⁷ Do not repay anyone evil for evil. Be careful to do what is right in the eyes of everyone. ¹⁸ If it is possible, as far as it depends on you, live at peace with everyone.

I can put down the gloves! I don't have anything to prove anymore!

There is healing in living at peace with others!



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Peace with myself.

The greatest bully you will ever face is the one lurking in your own mind.

*Jesus was punished so I no longer have to punish myself!
I can stop condemning myself!*

The healing begins when we learn to live at peace with ourselves – when the voice of truth speaks louder than the lies!

Jesus was wounded so we don't have to remain wounded.

Jesus has healed our wounds by His own wounds.

Jesus freed us from the ultimate wound - death itself!

"Even the deathblow that would condemn us to hell has been healed by the suffering of Christ Jesus on the cross."

1 Corinthians 15:54-55

⁵⁴ ... "Death has been swallowed up in victory."

⁵⁵ "Where, O death, is your victory?
Where, O death, is your sting?"

HEALING MANIFESTO

Lord, I commit to the following:

I will be real with You. That means admitting I'm not OK at times.

I will resist the urge to self-manage.

I will cooperate with Your work through obedience.

I will stop speaking negativity.

I will submit to Your process of removing the indelible stain of my sin and brokenness.



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