



Sermon Notes

Season of Healing
September 4, 2022

Empathy: *the ability to understand and share the feelings of another.*

We are empathetic and compassionate because God was first.

Jesus came to reveal the heart of the Father.

It is God's decision to reveal Himself as empathetic and compassionate.

God is moved by our suffering.

Exodus 3:7

⁷ The LORD said, "I have indeed seen the misery of my people in Egypt. I have heard them crying out because of their slave drivers, and I am concerned about their suffering."

God knows the miracle He has for us – yet He still feels compassion for us now in our struggle.

Compassion: *to suffer together.*

God hurts when we hurt.

Psalm 103:1-4

*¹ Praise the LORD, my soul;
all my inmost being, praise his holy name.*

*² Praise the LORD, my soul,
and forget not all his benefits—*

*³ who forgives all your sins
and heals all your diseases,*

*⁴ who redeems your life from the pit
and crowns you with love and compassion*

Exodus 22:27

²⁷ ... When they cry out to me, I will hear, for I am compassionate.



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John 5:1-9

¹ Some time later, Jesus went up to Jerusalem for one of the Jewish festivals. ² Now there is in Jerusalem near the Sheep Gate a pool, which in Aramaic is called Bethesda and which is surrounded by five covered colonnades. ³ Here a great number of disabled people used to lie—the blind, the lame, the paralyzed - and they waited for the moving of the waters. ⁴ From time to time an angel of the Lord would come down and stir up the waters. The first one into the pool after each such disturbance would be cured of whatever disease they had. ⁵ One who was there had been an invalid for thirty-eight years. ⁶ When Jesus saw him lying there and learned that he had been in this condition for a long time, he asked him, “Do you want to get well?”

⁷ “Sir,” the invalid replied, “I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead of me.”

⁸ Then Jesus said to him, “Get up! Pick up your mat and walk.” ⁹ At once the man was cured; he picked up his mat and walked.

Why was Jesus in this part of the city?

God wants to have an encounter with us.

God will seek us out.

God is willing to meet us at our place of shame.

Jesus sought this man out.

Matthew 18:12-13

¹² “If a man has a hundred sheep and one of them wanders away, what will he do? Won’t he leave the ninety-nine others on the hills and go out to search for the one that is lost? ¹³ And if he finds it, I tell you the truth, he will rejoice over it more than over the ninety-nine that didn’t wander away!

Zephaniah 3:17

¹⁷ The LORD your God is with you,
he is mighty to save.
He will take great delight in you,
He will quiet you with His love,
he will rejoice over you with singing.



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Response:

1. ***Get up!***
2. ***Throw away the mat***

Hebrews 12:1

*¹ ...let us throw off everything that hinders and the sin that so easily entangles.
And let us run with perseverance the race marked out for us*

HEALING MANIFESTO

Lord, I commit to the following:

I will be real with You. That means admitting I'm not OK at times.

I will resist the urge to self-manage.

I will cooperate with Your work through obedience.

I will stop speaking negativity.

I will submit to Your process of removing the indelible stain of my sin and brokenness.

Notes
