



Sermon Notes

Embracing Hope Part 23 –The Freedom of Hope
June 28, 2020

What does a full life look like to you?

Do we care what Jesus says about a full life and what it looks like?

Life means freedom to be ourselves, the way God made us.

Do you give yourself permission to be yourself?

God wants us to be free to be who He created us to be.

John 10:10

¹⁰ The thief comes only to steal and kill and destroy; I have come that they may have life, and have it to the full.

The ultimate tragedy - to be on our deathbed with only regret as our bed companion.

The only thing more tragic than death is a life not fully lived.

"In the end, it's not the years in your life that count. It's the life in your years."

Abraham Lincoln

God is not satisfied with giving us partial freedom

"Life is what happens when you're busy making other plans."

John Lennon

Isolation is a lie.

"A sense of belonging is a human need, just like the need for food and shelter. Feeling that you belong is most important in seeing value in life and in coping with intensely painful emotions. Some find belonging in a church, some with friends, some with family, and some on Twitter or other social media. Some see themselves as connected only to one or two people. Others believe and feel a connection to all people the world over, to humanity. Some struggle to find a sense of belonging and their loneliness is physically painful for them." Psychology Today

Isolation is self-sabotage.

Guilt is something I feel because I have *done* something bad.

Shame is something I feel because I *am* bad.



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Our brokenness has caused losses:

Loss of innocence, loss of optimism, loss of self.

Matthew 11:28 (The Message)

Get away with me and you'll recover your life. I'll show you how to take a real rest.

Isaiah 54:4

⁴*"Do not be afraid; you will not be put to shame.*

Do not fear disgrace; you will not be humiliated.

You will forget the shame of your youth...

"We know what we are, but know not what we may be."

William Shakespeare

